

# LET'S STAMP OUT BULLYING TOGETHER.

The Scouting Guide to Taking Action

## EFFECTIVE SOLUTIONS TO BULLYING

### Objectives

1. Be able to identify effective solutions to specific bullying issues
2. Be able to identify ways of preventing bullying.

### Equipment

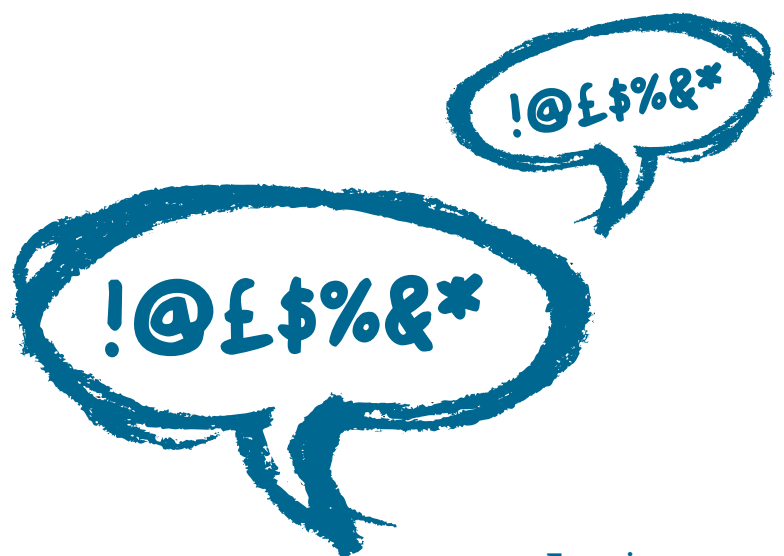
'Effective Solutions to Bullying' postcards

### Method

The participants should be in groups of between three and seven for this activity.

Give each group a set of the postcards and tell them that each card has a description of a possible solution to bullying issues. Through discussions with their colleagues, they need to put the cards in order of the most effective solutions through to the least effective. Once they have had time to discuss each card and have them in an agreed order, bring the groups together to discuss their findings. Hopefully this exercise will prompt a lot of discussion.

There is no right or wrong order for these postcards, as different solutions will work for different young people, groups, situations, etc. Another important point is that solutions to solve specific cases, will be different to how adults proactively try to prevent bullying from taking place in the first place.



## POSTCARDS

<p>Work with the young people to create an Anti-Bullying Code that everyone signs up to.</p>	<p>Appoint buddies to young people being bullied.</p>	<p>Agree a 'safe' word with the person being bullied, so they can bring it to your attention discreetly.</p>
<p>Try to establish if there is a particular time or place at Scouts where the bullying takes place – the leaders can then 'happen upon' an instance of bullying without the young person having to 'grass' on the bully.</p>	<p>Train adults on how to deal with bullying.</p>	<p>Help to create a friendly and respectful environment where bullying isn't welcome, through programme ideas and activities.</p>
<p>Leaders in the Group should agree a policy/approach, as to how bullying issues should be addressed.</p>	<p>Punishments/consequences for bullies.</p>	<p>Provide support for bullies.</p>
<p>Involve the parents of young people being bullied and also the parents of the bullies.</p>	<p>Ensure young people have access to, and know who to talk to if they need help e.g. a leader, a buddy, parent, ChildLine, etc.</p>	<p>Have resources to help adults deal with bullying.</p>
<p>Make sure everyone is aware of the consequences if the Anti-Bullying Code isn't adhered to.</p>	<p><b>Leave blank for the participants' own ideas.</b></p>	<p><b>Leave blank for the participants' own ideas.</b></p>